

# Gender Studies

## Grade XII

Teaching Hours: 150

Full Marks: 100

Pass Marks: 35

### 1. Introduction

This course is designed to introduce gender as a new knowledge in understanding family, society and the state in the context that has direct implication for the development of the country. It consists of five units related to family, gender, socialization, women's status & rights, violence against women, policies and programs, and international commitments related to gender and development.

### 2. General Objective

The general objective of this course is to equip the students of higher secondary level with the knowledge and understanding of gender related issues in development such as gender equality and the empowerment of women.

### 3. Specific Objectives

On completion of the course, the students will be able to:

1. express the concepts of family and its role and responsibilities in gender and development,
2. discuss the concept of sex and gender, and existing and changing gender roles,
3. discuss the gendered socializations, its modes and agencies of gender socialization,
4. analyze the gender relation by social institutions,
5. explain the concept of Patriarchy in existing social institutions,
6. discuss the concepts and needs of gender equity, gender equality and empowerment of women,
7. explain the concept of Feminism as a response to Patriarch and resulting discrimination against women,
8. discuss the concept of development and relation to gender and development,
9. identify the multiple roles of women in development,
10. identify the problems and consequences of gender discrimination and its solution,
11. identify development indicators, and gender and development indicators,
12. discuss the challenges to the Nepalese women,
13. disseminate knowledge on women's rights with reference to Nepal,
14. explain the causes, consequences and control measures of women/girls trafficking with reference to Nepal,
15. explain the policies, programmes and activities relating to gender and development and empowerment of women,
16. disseminate knowledge on national commitments and international Conventions and Conferences on women and gender equality.

#### 4. Course Contents

### Unit I Family and Gender

Teaching Hours: 35

#### A. Family

1. Concept and structure of family
2. Types of family
  - a. Nuclear
  - b. Joint
3. Family system in Nepal
4. Division of roles and responsibilities in the family

#### B. Gender

1. Basic concept of sex and gender
2. Terminologies used in gender
  - a. Gender discrimination
  - b. Gender subordination
  - c. Gender power relations
  - d. Gender equity
  - e. Gender equality
  - f. Gender based violence
3. Gender discrimination in the context of Nepal
4. Changing gender roles

### Unit II Socialization and Gender

Teaching Hours: 30

1. Concept of socialization and gendered socialization
2. Agencies of socialization
  - a. Family
  - b. Community
  - c. School
  - d. State
  - e. Religion
  - f. Market
  - g. Media
3. Modes of gender socialization
  - a. Coercive
  - b. Motivation/Encouragement
4. Patriarchy and gender socialization
5. Feminism: response to Patriarchy

### **Unit III**

#### **Status of Women and Women's Rights**

Teaching Hours: 35

1. Status of women in Nepal
  - a. Cultural
  - b. Social
  - c. Economic
  - d. Political
  - e. Legal
2. Challenges to the Nepalese women
  - a. Violence against women (VAW)
    - i. Definition and forms of VAW in the Constitution
    - ii. VAW in Gender Equality Act - 2006
  - b. Women/Girls trafficking
    - i. Issues and extent
    - ii. Legal measures
3. Concepts of women's rights
  - a. Education
  - b. Employment
  - c. Property
  - d. Marriage and divorce
  - e. Abortion
  - f. Health and reproductive rights
  - g. Citizenship
  - h. Decision making and policy making

### **Unit IV**

#### **Gender and Development**

Teaching Hours: 20

1. Basic concept of development, and gender and development
2. Indicators of development
  - a. Physical quality of life index (PQLI)
  - b. Human development index (HDI)
  - c. Human poverty index (HPI)
3. Concept of empowerment of women
  - a. Gender related development index (GDI)
  - b. Gender empowerment measure (GEM)
4. Multiple roles of women in development
  - a. Reproductive role
  - b. Productive role
  - c. Community/Social role
  - d. Constituency role

5. Gender mainstreaming in development
  - a. Concept
  - b. Tools

## Unit V

### Gender and Development Policy Initiatives

Teaching Hours: 30

1. National policies and programmes for gender equality and empowerment of women
  - a. National periodic plans
  - b. Sectoral policies and plans
2. International Year of Women and Conferences on Women
  - a. UN Year of Women – 1975
  - b. First World Conference on Women – Mexico City (1975)
  - c. Second World Conference on Women – Copenhagen (1980)
  - d. Third World Conference on Women – Nairobi (1985)
  - e. Fourth World Conference on Women – Beijing (1995)
3. International Conventions and Declarations for women’s rights and gender equality
  - a. Convention on the elimination of all form of discrimination against women (CEDAW)
  - b. Beijing platform for actions (BPFA)
  - c. Millennium development goals (MDG)

#### 5. Evaluation Scheme

Students’ level of understanding will be evaluated on the basis of written examination with duration of three hours as mentioned below:-

S.N.	Nature of questions	Total questions to be asked	Required number of questions to be attempted	Weightage (each)
1	Long answer questions	4	3	10x3=30
2	Short answer questions	10	8	8x5=40
3	Short note answer questions	12	10	3x10=30
Total		26	21	100

#### 6. Instructional Materials:-

- ◆ Journals/Magazines
- ◆ Reference books
- ◆ Relevant acts of the government of Nepal
- ◆ Periodic reports
- ◆ Survey reports
- ◆ Government periodic plans
- ◆ Other relevant available materials
- ◆ Audio-visual aids

## 7. Instructional Techniques

- ◆ Lecturer
- ◆ Demonstration
- ◆ Problem solving
- ◆ Value clarification
- ◆ Discussion
- ◆ Pair work
- ◆ Group work
- ◆ Project work
- ◆ Field visit/observation
- ◆ Participatory approach

## 8. Reference books:

1. Acharya, M. (2007); Gender Equality and Empowerment of Women: An Update, Kathmandu, UNFPA.
2. Acharya, M.(2003); Efforts at Promotion of Women in Nepal, Kathmandu , Tanka Prasad Acharya Memorial Foundation(TPMF) Friedrich -Ebert- Stiftung(FES).
3. Bhasin, K. (1991); Some Question on Feminism, New Delhi: Kali for Women.
4. Bhasin, K. (2000);Understanding Gender , New Delhi: Kali for Women.
5. CBS/HMGN/ICIMOD/SNV, (2003); Districts of Nepal Indicators of Development, Kathmandu,CBS.
6. CBS/HMGN/ICIMOD/SNV, (2003); Mapping : Nepal Census Indicators 2002 & Trends, Kathmandu, CBS.
7. CBS (2003/4); Population Monograph of Nepal , Kathmandu, CBS.
8. CBS (2003/4); Nepal Living Standard Survey.
9. Interim Constitution – 2007.
10. Kimmel, Michael S. (2000); The Gendered Society, New York : Oxford University Press.
11. Ministry of Women, Children & Social Welfare, (2004); National Plan of Action on Convention on the Elimination of All Forms of Discrimination Against women (CEDAW).
12. Ministry of Women, Children & Social Welfare, (2004); National Plan of Action on Convention on Gender Equality and Women Empowerment.
13. HMGN; Muluki Ain-2020(Civil Code of Nepal)
14. HMGN (2002); Eleventh Amendment of the Civil Code of Nepal.
15. National Planning Commission, His Majesty’s Government of Nepal, Interim Plan (2008-2011).
16. NPC/UNDP (2004): Nepal Human Development Report 2004: Empowerment and Poverty Reduction.
17. UNDP (1995); Human Development Report.
18. UNICEF Publications, Different Years.
19. All Editions of “ Mahila Shikshya” , Published by Women’s Section, Department of education

**Note:** Text book to be prepared by the Subject Committee.