

Rural Development

Grade: XI

Full marks : 100
pass Marks : 35
Teaching hours : 150

I. Introduction

This course is designed for the students of higher secondary level offering **Rural Development** as an elective subject in Grade-XI. The purpose of this course is to familiarize the students with the importance and challenges of rural development with reference to Nepal. It will enable the students to understand the basic concepts of rural development along with the overview of the rural life of Nepal.

II. General Objectives

This course aims at providing basic knowledge of rural development and equipping the students with basic skills and tools used in the field of rural development. The general objectives are:

1. to acquaint the students with the basic elements of rural development and
2. to introduce the students to multidimensional aspects of the rural life of Nepal.

III. Specific Objectives:

On completion of the course, the students will be able to:

1. explain the nature and scope of rural development;
2. explain the major determinants of rural development;
3. understand the basic issues of rural development ;
4. describe the people and social structure of Nepal;
5. explain the rural social problems and social services in Nepal;
6. state the characteristics of rural environment in Nepal;
7. explain the system of politics and governance in Nepal;
8. explain the prospects made on the rural development in Nepal;
9. state the features of rural-urban linkages and
10. develop the skills of writing proposal for rural development projects.

IV. Course Scheme

Units	Title of Course	Teaching Hours
Part A: Introduction to Rural Development		65
1	Nature and Scope of Rural Development	15
2.	Determinants of Rural Development	30
3.	Basic Issues of Rural Development	20
Part B: Overview of Nepalese Rural Life		65
4	People and Social Structure of Nepal	10
5	Rural Social Problems and Social Services in Nepal	15
6	Ecological Regions and Rural Life	10
7	Government and Politics of Nepal	10
8	Rural-Urban Linkages in Nepal	10
9	Rural Development Programmes of Nepal	10
Part C Practicum: Proposal Preparation for Rural Development Projects		20
10	Proposal Writing for Rural Development Projects	20
Total Teaching Hours		150

V. Course Content

Part A **Introduction to Rural Development**

Teaching hours : 65

Unit 1. **Nature and Scope of Rural Development**

Teaching hours: 15

- Concept of rural development
- Subject matter of rural development
- Importance of rural development
- Problems of rural development
- Indicators of rural development

Unit 2. **Determinants of Rural Development**

Teaching hours: 30

- Natural resources- water, forests land (public land, common land, etc), minerals and sources of energy (traditional and commercial)
- Human Resources – population (size, growth and structure), labour force, employment situation and problem of rural unemployment.
- Financial Resources- traditional and modern sources, rural credit
- Technology – indigenous and modern technologies for rural development
- Rural Industries – problems, ways to improve rural industries
- Rural Governance and Regional Dimensions
- Socio-cultural dimensions - attitude, beliefs and values

Unit 3. **Basic Issues of Rural Development**

Teaching hours : 20

- Leadership in rural development
- Rural Poverty
- Right based approach to development
- Empowerment
- Gender issues
- Globalisation
- Social inclusion and exclusion

Part B. **Overview of Nepalese Rural life**

Teaching hours : 65

Unit 4. **People and Social Structure of Nepal**

Teaching hours : 10

- Characteristics of rural physical structure-village settlement
- Family
- Caste/Ethnicity
- Indigenous people
- Community-community life and social capital
- Cultural diversity of the people

Unit 5.
Rural Social Problems and Social Services in Nepal

Teaching hours : 15

- Caste composition and occupational structure
- Marginalized groups-features and status
- Social problems- isolation, voiceless ness, fatalism, superstitions,
- Women and children-status and current issues
- Social services-health, education, drinking water and sanitation, social security
- Social maladies- attitude towards social customs, beliefs
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Unit 6.
Ecological Regions and the Rural Life

Teaching hours :10

- Introduction to different ecological regions
- Disparities of different ecological regions
- Interdependence of different ecological regions
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Unit 7.
Government and Politics of Nepal

Teaching Hours 10

- Constitution of Nepal
 1. Fundamental Rights
 2. Directive principles of State Policy
 3. Salient Features of legislature, executive and judiciary
- Role of political parties in rural development
- Introduction to local government
 - VDC: composition and power
 - DDC: composition and power
 - Linkage between VDC and DDC

Unit 8.
Rural-Urban Linkages in Nepal

Teaching hours : 10

- Concept of rural-urban linkages
- Nature of rural-urban interdependence
- Rural-urban migration: push and pull factors
- Benefits and implications of rural-urban linkages

Unit 9 Rural Development Programmes of Nepal

Teaching Hours 10

- Brief historical background to rural development
- Small Farmers Development Programme (SFDP), Integrated Rural Development Programme (IRDP), Small Area Development Programme (SADP)

Part C
Practicum: Proposal Preparation for Rural Development Project

Teaching hours 20

Unit 10.
Proposal Writing for Rural Development Project

Teaching hours 20

- Elements of a proposal
- Methods of writing a proposal
- Formulation of a proposal for a rural development project

A project proposal for the fieldwork is to be prepared by the students of rural development. The topics of the project proposal have to be related with the rural development issues. The weightage for proposal writing will be of 20 marks out of which 10 marks will be for internal and 10 for external evaluation. The internal evaluation of the project work is to be done by the subject teacher of the school/college and verified by the Principal of the concerned school/college. The project proposal and internal marks are to be sent to the Controller Office, HSEB, for external evaluation.

V. Instructional techniques

- a. Lecture
- a. Observation/field visits
- b. Discussion
- c. Parties pastor approach
- d. Report writing

VI. Instructional materials

- a. File charts
- b. Fondles/ article
- c. Reference books

VII. Evaluation Scheme

Question No.	Nature of questions	Marks
Part A: Introduction to Rural Development		40
1	Long	10
2	Long	10
3. a. b. c. d	Short questions (attempt any two)	5X2=10
4. a.b.c.d.e	Very short questions (give short answer)	2X5=10
Part B: Overview of Nepalese Rural Life		40
6	Long	10
7.	Long	10
8. a. b. c. d	Short Questions (attempt any two)	5X2=10
9 .a. b. c. d. e.	Very short questions (give short answer)	2X5 =10
Sub total marks		80
Part C: Practicum: Proposal Preparation for Rural Development		20
10. Proposal writing for Rural Development (Internal and External Evaluation)		10+10= 20
Grand Total		100

VIII. References

1. Katar Singh, Rural Development: Principles, Policies and Management, Vistar Publication New Delhi
2. Shyam Prasad Adhikari, Rural Development in Nepal: Problems and Prospects, sajha Prakasan
3. Santosh Kumar Bista, Rural development in Nepal: An Alternative Strategy, (first edition 2000), Krishna Kumar Shrestha
4. R.C. Arora, Integrated Rural Development, (Second edition, 1986), S. Chand and Company Private Limited
5. Krishna Bahadur Kunwar, Nepalma Garibi ra Gramin Bikas (Poverty in Nepal and Rural development, In Nepali), Meena Prakashan
6. Krishna Bahadur Kunwar, The Himalayan Poverty, Prosperity through Rural Development (Second Edition 2004), Meena Prakashan
7. Damodar Janwali, Rural Urban Interaction: A Geographical perspective, students' Books Publishers and Distributors
8. Ram Kumar Dahal, Rajya ra Gramin Bikas (State and Rural Development first edition), New Hira Books Enterprises
9. H. D. Lekhak and Binod Lekhak, Natural Resource Conservation and Sustainable Development in Nepal, Kshitz Publication
10. Chakrapani Luitel, Gramin Arthasastra (Rural Economics in Nepali), Bhundipuram Prakashan Kathmandu
11. Kanaiya R. B. Mathema, Strategies of Rural Development in Nepal: Some Observations Some thoughts, Sitadevi Mathema
12. Puskar Pradhan, Manual for Urban Rural Linkage and Rural Development Analysis, New Hira Books enterprises, Kathmandu
13. B. K. Singh, Co-operative Development in Nepal, Kitab mahal Private limited
14. M.S. Dhadave, K. G. Joshi and S. G. Mikundi (ed), Rural and Urban Studies in India, Rawat Publications
15. Pradyumna P. Karan and Hiroshi Ishii, Nepal A Himalayan Kingdom in Transition, United Nations

Rural Development

Grade: XII

Full marks : 100
pass Marks : 35
Teaching Hours 150

I. Introduction

This course is designed for the students of higher secondary level offering **Rural Development** as an elective subject in grade XII. The purpose of this course is to familiarize the students with the approaches, planning, management and implementation of rural development with reference to Nepal. It will enable the students to understand the principles of rural development along with the strategies and policies of rural development in Nepal.

II. General Objectives

This course aims at providing basic theoretical knowledge of rural development and equipping the students for action work in the field of rural development. The general objectives are:

3. to acquaint the students with the principles of rural development
4. to introduce the students to the issues and policies of rural development in Nepal.

III. Specific Objectives:

On completion of the course, the students will be able to:

11. explain the concept and elements of rural development planning in Nepal;
12. explain the management practices and financing rural development;
13. describe the approaches of rural development;
14. understand the planning tools and techniques for rural development;
15. describe the implementation, monitoring and evaluation mechanisms of rural development projects;
16. explain the rural economic structure of Nepal;
17. explain the system of operation of rural development institutions in Nepal;
18. explain the rural development policies, strategies and prospects in Nepal;
19. state the rural environment and sustainable development in Nepal and
20. develop the skills of generating field level information and writing project reports on the issues of rural development.

IV. Course Scheme

Units	Title of Course	Teaching Hours
Part A: Principles of Rural Development		65
1	Planning for Rural Development	10
2.	Management Practices and Financing Rural Development	15
3.	Approaches of Rural Development	10
4.	Planning Tools and Techniques for Rural Development	20
5	Implementation, Monitoring and Evaluation of Rural Development	10

Part B: Rural Development in Nepal		65
6	Rural Economic Structure of Nepal	20
7	Institutions for Rural Development in Nepal	10
8	Rural Development Policies, Strategies and Prospects	10
9	Environment and Sustainable Development	25
Part C Practicum: Report Writing		20
10	Report writing of the Field Work	20
Total Teaching Hours		150

V. Course Content

Part A: Principles of Rural Development

Teaching hours 65
Teaching hours 10

Unit 1 Rural Development Planning

- Concept
- Need for micro planning
- Elements of micro planning

Unit 2 Management Practices and Financing Rural Development

Teaching hours 15

- Principles of rural development management
- Human resource management for rural development
- Conflicts in rural development and methods of managing conflicts
- Sources of fund for rural development
- Fund raising for rural development

Unit 3 Approaches of Rural Development (Basic Features)

Teaching hours 10

- The modernisation theory or market-led approach
- Dependency theory
- Participatory theory

Unit 4 Planning Tools and Techniques for Rural Development

Teaching Hours 20

- Process for local level plan formulation

- Data collection for project formulation – primary and secondary
- Tools and techniques: Participatory Rural Appraisal (PRA), Rapid Rural Appraisal (RRA), Participatory Learning and Action (PLA) and Focus Group Discussion (FGD)

Unit 5

Implementation, Monitoring and Evaluation of Rural Development

Teaching Hours 10

- Project implementation-process and basic elements of implementation plan
- Project monitoring-purpose and process
- Project evaluation-objectives and methods (before and after, with and without)

Part B

Rural Development in Nepal

Teaching hours 65

Unit 6

Rural Economic Structure of Nepal

Teaching hours 20

- Agrarian structure
- Land tenure system
- Agrarian movement
- Rural industries-small and cottage industries
- Infrastructure – roads, communications, irrigation and electrification
- Rural market-types and channel
- Rural indebtedness and institutional finance
- Entrepreneurship and informal sector
- Village tourism

Unit 7

Institutions for Rural Development in Nepal

Teaching hours 10

- Government Institution- Ministry of Local Development and Ministry of Women Development (functions and programmes)
- Private sector: Corporate Social Responsibility, Private Voluntary Organisations (PVOs) -their objectives and features
- Social organisations: self-help groups, civil societies, NGOs, CBOs-their objectives and features

Unit 8

Rural Development Policies, Strategies and Prospects

Teaching hours 25

- Rural development policy- goals and features
- Strategies of rural development: concepts and types

- Elements of change in rural life of Nepal: Education, technology, urbanization, exposure: internal and external
- Resource richness and prospects: bio-diversity, topographical richness and natural beauty, social harmony and cultural heritage

Unit 9 Environment and Sustainable Development

Teaching Hours 10

- Environment management for sustainable development
- Bio-diversity and environment conservation in Nepal

Part C

Practicum: Report Writing

Teaching Hours 20

Unit 10

Report writing of the field works

Teaching Hours 20

A short project report of a fieldwork based on the field study is to be prepared by the students of rural development. The topic of the project work has to be related with the rural development issues. The weightage for report writing will be of 20 marks out of which 10 marks will be for internal and 10 marks for external evaluation. The internal evaluation of the project work is to be done by the subject teacher of the school/college and verified by the Principal of the concerned school/college. The report and internal marks are to be sent to the Controller Office, HSEB, for external evaluation.

VI. Instructional materials

- Journals/Articles
- Charts
- Posters

VII. Instructional techniques

- Lecture
- discussion
- observation/field visits
- parties pastor approach
- Report writing
- group works

VII. Evaluation Scheme

Question No.	Nature of questions	Marks
Part A: Principles of Rural Development		40
1	Long question	10
2	Long question	10
3. a. b. c. d	Short questions (attempt any two)	5X2=10

4. a.b.c.d.e	Very short questions (give short answer)	2X5=10
Part B: Rural Development in Nepal		40
6	Long question	10
7.	Long question	10
8.a, b, c, d	Short questions (attempt any two)	5X2=10
9 a.b.c.d.e.	Very short questions	2X5 =10
Sub total marks		80
Part C: Practicum: Report Writing		20
10	Report writing of the field work (Internal + External Evaluation)	10+10=20
Grand Total		100

IX. References

16. Katar Singh, Rural Development: Principles, Policies and Management, Vistar Publication New Delhi
17. Vivek Saurath, Rural Development: Planning Strategies and Policy Imperatives, Dominant Publishers and Distributors, New Delhi
18. Vivek Saurath, Rural Development Major Issues in Agriculture Management, first edition (2002), Dominant Publishers and Distributors, New Delhi
19. K. Rastogi, Rural Development Strategy, Wide Vision
20. Madan Kumar Dahal and Dev Raj Dahal (ed), Environment and Sustainable Development in Nepalese Perspective, Nepal Foundation for Advanced Studies (NEFAS)
21. Shyam Prasad Adhikari, Rural Development in Nepal: Problems and Prospects, sajha Prakasan
22. Santosh Kumar Bista, Rural development in Nepal: An Alternative Strategy, (first edition 2000), Krishna Kumar Shrestha
23. Ram Kumar Dahal, Rajya ra Gramin Bikas (State and Rural Development first edition), New Hira Books Enterprises
24. H. D. Lekhak and Binod Lekhak, Natural Resource Conservation and Sustainable Development in Nepal, Kshitz Publication
25. Chakrapani Luitel, Rural Development: Theories, Techniques and Approaches, Pradhan Book House, Kathmandu.
26. United Nations, Guidelines for Rural Centre Planning, Economic and Social Commission for Asia and the Pacific.
27. Kanhaiya R. B. Mathema, Strategies of Rural Development in Nepal: Some Observations Some Thoughts, Sitadevi Mathema
28. Uma Lele, The Design of Rural Development Lessons from Africa, The Johan Hopkins university Press Baltimore and London
29. Leila Narayan, Ethnicity in Urban Context, Rawat Publications
30. Y. P. Panta, Planning and Rural Development, Mohan Pramlani for Oxford and IBH Publishing Co. Pvt. Ltd.
31. M.S. Dhadave, K. G. Joshi and S. G. Mikundi (ed), Rural and Urban Studies in India, Rawat Publications
32. Ananda P. Shrestha (ed), The Role of Civil society and Decentralisation in Nepal, Nepal Foundation for Advanced Studies
33. Pradyumna P. Karan and Hiroshi Ishii, Nepal A Himalayan Kingdom in Transition, United Nations

**HSEB Nepal
MODEL QUESTION 2008
RURAL DEVELOPMENT
GRADE XI**

**Full Marks: 80 Time:
2.4 hours**

Answer as indicated.

Section A

Long-Answer Questions

[10×2=20]

1. What is rural development? Explain the major determinants of rural development.(2+8)
2. What is social capital? Differentiate between bonding and bridging social capital? What is the importance of social capital?
(2+4+4)

Or

What are rural industries? Discuss the major problems of rural industries and the ways to improve them. (2+4+4)

Short-answer Questions. Attempt any Two.

[5×2=10]

3. (a) Explain the importance of leadership in rural development.
(b) Explain the importance of forest and water resources in rural development.
(c) Define empowerment. What are the various dimensions of empowerment?
(d) What is rural-urban linkage? What is the importance of rural-urban linkages?

Very Short-answer Question

[2×5=10]

4. (a) What are the three core values for rural development?
(b) Define globalization.
(c) What is microfinance?
(d) What is indigenous technology?
(e) What is human resource?

Section B

Long-Answer Questions

[10×2=20]

5. Discuss the salient features of the legislature, executive and judiciary as mentioned in Nepal's Interim Constitution 2063.

Or

Explain the right-based approach to development.

6. Discuss the objectives, features and major activities of Small Farmers Development Programme (SFDP).

Short-Answer Questions. Attempt any Two. [5×2=10]

7. (a) Discuss the major disparities of the three ecological regions of Nepal.
(b) What are the push and pull factors of rural-urban migration?
(c) Differentiate between the Matrilineage and Patrilineage family systems.
(d) What are the rights to freedom mentioned in Nepal's interim constitution 2063?

Very Short-Answer Question

[2×5=10]

8. (a) What are social maladies?
(b) What is voicelessness?
(c) What is Infant Mortality Rate (IMR)?
(d) What does occupational Structure mean?
(e) What is dispersed settlement?

Note: (A)

- i. Tentatively the answer for every "Long-answer Question" may be *limited to 60 lines* with special focus on major points to be included.
- ii. Similarly, the answer for every "Short-answer Question" may be *limited to 30 lines* with special focus on major points to be included.
- iii. The answer for every "Very Short-answer Question" may be *limited to 5 lines* with special focus on major points to be included.

Note: (B)

The Practical Part of Evaluation is “**Proposal Preparation for Rural Development**”. This part carries 20 marks which is divided as:

- *Internal evaluation* of the proposal: **10** marks
- *External evaluation* of the proposal: **10** marks