

# **Social Studies**

## **Grade: XII**

*Full Marks: 100*  
*Pass Marks: 35*  
*Teaching Hours: 150*

### **I. Course Description**

This course has been designed for Grade XII students as an Elective IV subject. It includes the study of man land relationship, major historical events, and components of economic development, governance system, socio-cultural patterns and international understanding with special focus on Nepal.

### **II. General Objectives**

*The general objectives of this course are to:*

- a. describe ecological division, climatic condition, natural resources and population situation of Nepal;
- b. analyze the major past events of Nepal and the world;
- c. explain the issues, factors and efforts of economic development in Nepal;
- d. discuss the political and governance system in Nepal;
- e. describe the socio-cultural features of Nepalese society; and
- f. assess Nepal's foreign policy and its role in world politics.

### **III. Specific Objectives**

*The specific objectives of this course are to:*

- a. introduce geographical/ecological divisions and river system of Nepal;
- b. describe the factors affecting climate and the types of climate in Nepal;
- c. point out the pattern of distribution of natural resources in Nepal;
- d. present a picture of land use pattern in Nepal;
- e. explain population situation of Nepal with a focus on density, composition, fertility, mortality and migration;
- f. describe the major events in the history of modern Nepal which have lasting impact on the present day;
- g. give an outline of the major revolutions of the world;
- h. give an account of the Indian independence movement and the establishment of the communist rule in china;
- i. explain the concept and issues of economic development;

- j. analyze the factors, and examine the performance of economic development in Nepal;
- k. discuss the various major development efforts in Nepal;
- l. explain the components of citizenship and correlation between citizen's rights and duties;
- m. describe the elements of state, and features of various democratic political systems;
- n. list the salient features of the present constitution of Nepal;
- o. discuss the governing system, and the role of political party and civil society in Nepal;
- p. introduce the basic concepts of society and culture;
- q. describe the different types of social institutions in Nepal;
- r. discuss the existing status of women in Nepalese society;
- s. examine the major problems caused by social disorganization;
- t. state the determinants of Nepal's foreign policy, and discuss its relation with India and China;
- u. assess the role of Nepal in the SAARC and the UN;
- v. examine the present status of NAM; and
- w. introduce various international agencies working in Nepal.

#### **IV. Course Contents**

##### **Unit 1: Land and People of Nepal**

**25 teaching hrs**

##### 1.1. Geographical/ecological divisions

- Nepal as a country of geographical diversity
- Ecological regions: mountain, hill and tarai (brief Geographical accounts)

##### 1.2. River systems: General introduction

##### 1.3. Climate

- factors affecting climate
- summer and winter climatic conditions
- types of climate

##### 1.4. Natural resources: distribution of water, forest, soil and minerals.

##### 1.5. Land use pattern

##### 1.6. Demography/population situation of Nepal

- regional distribution and density of population.
- population composition by age, sex, caste/ethnicity, literacy/educational attainment.
- fertility and mortality pattern

- migration : causes and consequences of internal migration.
- population policies (current plan) : objectives, targets and strategies.

## **Unit 2: A Glimpse on the Past**

**25 teaching hrs**

- 2.1. Unification of Nepal: Role of Prithbi Narayan Shah, Rejendra Laxmi, Bahadur Shah and Bhimsen Thapa
- 2.2. The Rana Regime: rise of Jung Bahadur and his consolidation of power, socio-economic reforms during Rana rule revolutionary activities against Ranas.
- 2.3. The 1950 movement: factors leading to the movement role of Tribhuwan, Delhi pact
- 2.4. Towards democratic exercise (1951-60):  
The general election, working of government and royal coup.
- 2.5. Referendum (1980): Students movements, King's declaration of referendum and its verdict.
- 2.6. People movement 1990 (2046–47):
  - causes, major events and outcomes
  - people movement – 2006-7 (2062-63): Causes, major events and achievements.
- 2.7. Revolutions of the world and political awakening in Asia.
  - Glorious revolution; American War Of Independence, French Revolution: Russian Revolution. (Causes and impacts)
  - Indian independence movement; establishment of communist rule in China.

## **Unit 3: Economic Development in Nepal**

**25 teaching hrs**

- 3.1. Concept of development and human development index (HDI)
- 3.2. Major issues of economic development: poverty, inequality, unemployment and regional disparities.
- 3.3. Factors of economic development:
  - Natural resources – forest, mineral and water (importance and use)
  - Human resources – size and growth of population and labour force
  - Capital formation and development infrastructure – communication and transportation.
  - Non-economic factors – education and health
- 3.4. Economic performance of Nepal: agriculture; industry; trade; Tourism; Transportation and other important service activities.

- 3.5. Major development efforts :- human resources development; Agricultural transformation; poverty reduction; Industrialization; Foreign trade; Regional development; water resources development and environment protection.

#### **Unit 4: Government and Politics**

**25 teaching hrs**

- 4.1. Citizenship- meaning, acquisition and loss with reference to Nepal.
- 4.2. Rights and Duties – co-relationship between rights and duties; concept of human rights.
- 4.3. State- meaning and elements; difference between state and nation.
- 4.4. Political system and government.
- 4.4.1. Democratic political system;  
Meaning and features of democracy.
- Features of unitary and federal system.
  - Features of parliamentary and presidential system.
- 4.4.2. Constitution;
- meaning and types of constitution
  - an account of the constitutional development in Nepal.
  - present constitution of Nepal:
    - salient features
    - fundamental rights
    - composition and functions of the legislature,
    - representation executive and judiciary system.
- 4.5. Political party and civil society – meaning and role with reference to Nepal.
- 4.6. Local Government – composition and functions of:
- village government
  - town/city government
  - district government

#### **Unit 5: Society and Culture of Nepal**

**25 teaching hrs**

- 5.1. Basic socio-cultural concepts:
- 5.1.1. Society and culture – meaning and characteristics
- 5.1.2. Social and cultural change – meaning and factors
- 5.1.3. Diversity in society – languages; festivals; sacraments, race; ethnic group; food habits and dress (Introduction and differences in mountain, hill and terai)
- 5.1.4. Social Stratification-Caste and class
- 5.2. Social Institutions (Meaning, Types and basic concepts) – Marriage, family; kinship; religion
- 5.3. Women in society:

- gender discrimination.
  - dowry system.
  - violence against women within and outside of family.
  - trafficking; sexual harassment; prostitution
- 5.4. Social disorganization and its problems.
- juvenile delinquency; youth unrest; problems of aged
  - poverty and unemployment
  - dalits, disadvantaged and marginalized groups and their problems.
  - bounded labours (kamaiya)
  - corruption.

### **Unit 6: International Understanding**

**25 teaching hrs**

- 6.1. Nepal's foreign policy – objectives and determinants.
- 6.2. Nepal's relation with India and China after 1950 (2007)
- 6.3. Nepal and the SAARC:
- objectives and principles of the SAARC
  - organizational structures and their functions.
  - role of Nepal in the SAARC.
- 6.4. Non-aligned movement – objectives and present status
- 6.5. Nepal and the UN system:
- objectives and principles of the UN
  - organizational structures and their functions
  - role of Nepal in the UN peace- keeping operation
- 6.6. Specialized Agencies – introduction and purposes (World Bank, IMF, WTO, UNDP, UNESCO, UNICEF and WHO)

### **V. Instructional Methods and techniques:**

Along with lecture, teachers should emphasize on active participation of students applying question-answer, group discussion, problem-solving, inquiry, observation, and other methods and techniques occasionally, according to the nature of subject matters.

### **VI. Evaluation Scheme:**

Group A- Short-answer 10	$10 \times 7 = 70$
Group B – Long- answer 2	$2 \times 15 = 30$
	100 marks

## VII. References:

1. CBS, Current data, **Statistical Pocket Book of Nepal**, Kathmandu: Central Bureau of Statistics.
2. CBS (2003), **Population Monograph of Nepal -Vol. I & II**, Kathmandu: Central Bureau of Statistics.
3. Shrestha, S.H. (2004), **Economic Geography of Nepal**, Kathmandu: Educational Publishing House.
4. Regmi, D.R. (1975), **Modern Nepal -Vol. I & II**, Calcutta: K.L. Mukhopadhyaya.
5. यादव, पिताम्बर लाल (२०६३), नेपालको राजनैतिक इतिहास, काठमाडौं : एम.के. पब्लिशर्स ।
6. श्रेष्ठ, शिवकुमार (२०६३), आधुनिक विश्वको इतिहास, काठमाडौं : रत्न पुस्तक भण्डार ।
7. Todaro, M.P. (1993), **Economic Development in the Third World**, Hyderabad: Orient Longman.
8. Thirlwall, A.P. (1994), **Growth and Development with Special Reference to Nepal's Economies**, Hampshire: Macmillan Press.
9. MOF (Current), **Economic Survey**, Kathmandu: Government of Nepal, Ministry of Finance.
10. Kapoor, A.C. (2007), **Principles of Political Science**, New Delhi: S. Chand & Co.
11. काफ्ले, मायाप्रसाद र श्रेष्ठ, अमन (२०५९), राजनीतिशास्त्र, विराटनगर : भुवन प्रकाशन ।
12. पोखरेल, कृष्ण, (२०५८) नेपालको शासन र प्रशासन, काठमाडौं : एम.के. पब्लिशर्स
13. Shankar, R.C.N. (2005), **Sociology: Primary Principles**, New Delhi: S. Chand and Co.
14. Sharma. J.L. (2039 B.S.), **Hamro Samaj - EK Adhyan**, Lalitpur: Sajha Prakashan.
15. Bista, D.B. (1980), **People of Nepal**, Kathmandu: Ratna Pustak Bhandar.
16. SAARC (2006), **SAARC-A Profile**, Kathmandu: SAARC Secretariat.
17. Baral, Lok Raj (1988), **The Politics of Balanced Interdependence Nepal & SAARC**, New Delhi: Sterling Publishers.
18. NPC (Current): **Current Plan**.
19. Khatri P.K. (2044 B.S.), **Nepal Samaj Ra Sanskriti**, Lalitpur: Sajha Prakashan.